

### Inpatient

- ❖ Transitional Care (subacute level of care)
- ❖ Continuing Care (long-term care)

### Outpatient

- ❖ Johnston Center
- ❖ Ames Center

### Outreach


- ❖ Child and Family Education
- ❖ Specialty Clinics



### Making a Referral or Scheduling an Evaluation

Referrals may be initiated by physicians, family members, or community professionals and agencies. To refer a child or to make an appointment for an evaluation, call 515.727.8750.

For more information about our non-profit organization, how to receive service, or how you can become involved as an employee, intern, donor, or volunteer, call 515.727.8750 or visit us online at [www.childserve.org](http://www.childserve.org).

 **childserve**  
5406 Merle Hay Road  
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## Rehabilitation and Developmental Therapies



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**Believing in the spirit of a child.**

### Pediatric Focus

ChildServe knows that children and teens have needs that are different from those of adults with similar conditions. ChildServe is the only facility in Iowa that serves only children. All of our equipment is designed specifically for children, and every member of our staff has specialized training to understand how therapy can affect children's growth and development. Our innovative approaches and comfortable atmosphere helps children have so much fun, they don't even realize they are doing the hard work of therapy!

### Family-Centered Care

Whether a child is receiving therapy on an outpatient basis or is staying with us in our Transitional Care or Continuing Care units, families are involved in every step of the therapy process. Children, families, and ChildServe staff collaborate to develop goals and plans to achieve those goals. In addition, training is provided for families to be able to continue care in the home environment.

### Multi-Disciplinary Care Teams

ChildServe offers a continuum of services for children with rehabilitation and developmental therapy needs. Depending on the needs of each individual child, a child's care team may include the expertise and specialized care of a variety of professionals:

- Occupational Therapists
- Medical Social Workers
- Recreational Therapists
- Speech-Language Pathologists
- Adaptive Equipment Specialists
- Physical Therapists
- Child Life Specialists
- Audiologist
- Aquatics Specialist
- Orthotist

We work as a team with primary-care physicians, community providers, and other specialists to create personalized care plans that meet the unique needs of each child. We also develop benchmarks to evaluate the child's progress.



### Speech-Language Pathology

Our speech-language pathologists evaluate and treat infants through adolescents with communication and/or functional feeding impairments.

### Occupational Therapy

Our occupational therapists provide children and young adults with fun, positive, and meaningful activities to help improve cognitive, motor, and physical function.

### Physical Therapy

Our physical therapists help children with developmental delays, range-of-motion limitations, and abnormal tone with the goal of promoting functional gross motor skills.

### Child Life

Certified child life specialists work with children to reduce their stress and anxiety and help them gain an understanding of their medical condition, procedures, and treatments. This is often accomplished using 'medical play' and organized games and activities.

### Aquatics

The aquatic facilities at ChildServe offer a safe, fun environment to foster each child's participation in functional activities. Our warm (94°F), 1,680 square-foot therapeutic pool with zero entry supports a wide variety of OT/PT and recreational/leisure activities.

### Audiology

Our audiologist provides hearing screenings, follow-up evaluations, diagnostic testing, and hearing aid fitting for children and adolescents.

### Orthotics

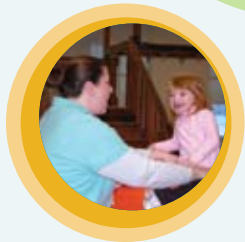
Our certified orthotist designs, develops, creates, and fits custom braces, or orthoses, to maximize physical function.

### Adaptive Equipment

ChildServe is a certified durable medical equipment (DME) provider specializing in pediatric seating and mobility fitting, wheelchairs and adaptive devices, augmentative communication devices, and medical supplies.

### Therapeutic Recreation

ChildServe's therapeutic recreation helps to identify and promote skills or provide adaptations so children can participate in leisure or recreation activities for a great life.



## Specialty Areas

- Feeding Therapy / Picky Eaters
- Spasticity Management
- Cognitive Therapy Associated with Traumatic Brain Injury (TBI)
- Sensory and Auditory Processing Disorders
- Sequential Oral Sensory Approach (SOS) Feeding Groups
- Sensory Integrative Treatment
- Augmentative Communication
- Sensory Integration & Praxis Test (SIPT)
- Seating / Positioning
- Serial Casting / Splinting
- Therapeutic Listening
- Aquatics Therapy, including children with artificial airways and ventilation
- Aural Rehabilitation – Hearing Loss, Cochlear Implants
- Hippotherapy (Horse Therapy) (Johnston)
- Animal-assisted Therapy (Johnston)
- Strength / Wellness Groups
- Pragmatic / Social Language Groups

