

We provide a multi-disciplinary spasticity assessment and treatment program. Our team works closely with the child, family, and community services to maximize function and enhance quality of life.



- ❖ Pediatric Rehabilitation Medicine physician-directed team offers spasticity assessment and treatment
- ❖ Pediatric rehabilitation (inpatient and outpatient) for children birth to age 21
- ❖ Medical treatments and therapy in one place in one day means convenience for children and caregivers



## TREATMENT OPTIONS

- ❖ Complete spasticity evaluations
- ❖ Exercise programs
- ❖ Medication management
- ❖ Botulinum Toxin (Type A and Type B)
- ❖ Serial casting
- ❖ Seating and positioning
- ❖ Intrathecal Baclofen management
- ❖ Splinting
- ❖ Orthotics



**childserve**

*Believing in the spirit of a child.*

[www.childserve.org](http://www.childserve.org)

## OUR TEAM

- ❖ **Physicians** evaluate and direct the team in developing goals to guide treatment plans, order rehabilitation therapy, and recommend medications and assistive equipment.
- ❖ **Physical and Occupational Therapists** provide assessments and treatments to improve strength, balance, and flexibility, including serial casting.
- ❖ **Clinical Coordinators** are registered nurses who educate children and families about spasticity and discuss treatment options, as well as schedule and coordinate all interventions and referrals.
- ❖ **Child Life Specialists** help children cope with fears about medical procedures and use distraction techniques during procedures.
- ❖ **Orthotists** design, develop, create, and fit custom orthoses to maximize physical function.
- ❖ **Assistive Technology Practitioners** adapt wheelchairs and other equipment for function and comfort.



5406 Merle Hay Road, Johnston, IA 50131

515.727.8750

REV 01/15