

SPEAKERS' INFORMATION

Dr. Kay Toomey is a Pediatric Psychologist who has worked with children who don't eat for almost 30 years. She has developed the SOS Approach to Feeding as a family centered program for assessing and treating children with Feeding Problems. Dr. Toomey speaks nationally and internationally about her approach. She also acts as a consultant to Gerber Products. Dr. Toomey helped to form The Children's Hospital – Denver's Pediatric Oral Feeding Clinic, as well as the Rose Medical Center's Pediatric Feeding Center. Dr. Toomey co-chaired the Pediatric Therapy Services Department at Rose Medical Center prior to entering private practice. Dr. Toomey is currently the President of Toomey & Associates, Inc., as well as the Clinical Director of SOS Feeding Solutions @ STAR (Sensory Therapy and Research Center with Dr. Lucy Jane Miller).

Dr. Erin Sundseth Ross is a Speech Pathologist with a Doctoral degree in Clinical Sciences – Health Services Research. She completed a two-year post-doctoral training in the Section of Nutrition, and now is a Clinical Instructor, in the School of Medicine, Department of Pediatrics, at the University of Colorado Denver. Dr. Ross has over 20 years of experience working in the NICU within several HealthONE hospitals, and at the SOS Feeding Solutions clinic in Denver, Colorado. She has specialized clinically in the development of feeding skills, and the etiology and treatment of feeding and growth problems in infants and very young children. She is also the creator of the SOFFI © Method, a feeding approach for infants in the NICU.

Bethany CF Kortsha, MA, OTR/L, received her Master of Arts degree in Occupational Therapy from The College of Saint Catherine in St. Paul, Minnesota. She completed her Master's thesis on Autism and feeding challenges using the SOS Approach to Feeding. Bethany currently works as the Assistant Clinical Director of S.O.S. Feeding Solutions at STAR Center with Dr. Lucy Jane Miller. Prior to her work at STAR, Bethany worked as a member on a multidisciplinary team in a day treatment clinic for children with Autism Spectrum Disorders, SPD, emotional/behavioral disorders, and feeding problems. Additionally, Bethany has completed the SPD Foundations Intensive Mentorship Program and is a certified DIR Floortime Provider.

BASIC SOS COURSE DETAILS

Date/Time: October 19-21, 2017 – 8:00 am to 5:00 pm
October 22, 2017 – 8:00 am to 3:15 pm

Cost: \$675 before August 1, 2017
\$725 after August 1, 2017

Location: ChildServe
5406 Merle Hay Road, Johnston, IA 50131
515.727.8750

Registration: childserve.org/training or 515.727.8750

LODGING

Hilton Garden Inn - \$74/night*
8600 Northpark Drive, Johnston, IA 50131
Reservations: 800-445-8667 or 515-270-8890 or
www.desmoinesurbandale.gardeninn.com

Sleep Inn Hotel - \$69/night*
11211 Hickman Road, Urbandale, IA 50322
Reservations: 515-270-2424 or
www.heartofamericagroup.com/hotels/des-moines/

*To ensure the discounted rate, please indicate that you are with ChildServe when making your reservations.

EDUCATION CREDITS

Nurses: Nursing CEUs will be awarded by ChildServe (provider IBON# 160). The amount of contact hours awarded varies with each course.

Therapists: Copies of course descriptions, objectives, and speaker credentials are available at the registration desk for those needing to submit them for educational credit. You will receive a certificate of completion.

ChildServe does not discriminate on the basis of sex, age, creed or religion.

ABOUT CHILDSERVE

ChildServe is a not-for-profit organization that partners with families to help children with special healthcare needs live a great life. We currently provide specialized healthcare services to over 3,600 children throughout Iowa.



When Children Won't Eat: Picky Eaters Versus Problem Feeders

*Assessment and Treatment Using
the SOS Approach to Feeding*

October 19-22, 2017

**Days 1-3: 8am–5pm • Day 4: 8am–3:15pm
Johnston, Iowa**

Presented by:

**Dr. Kay Toomey, Dr. Erin Ross
& Bethany Kortsha, MA, OTR/L**

Suitable for: Speech Pathologists, Occupational Therapists, Special Educators, Early Intervention Specialists, Nurses, Psychologists, Physicians, Dietitians, Mental Health Workers, other Childcare Providers and Educators. Training conferences are created for professionals. If parents wish to attend the training workshop, they must be accompanied by the child's therapist.



COURSE DESCRIPTION

The Sequential Oral Sensory (S.O.S) Approach to Feeding workshop is a trans-disciplinary program for assessing and treating children with feeding difficulties and weight/growth problems from birth to 18 years. It integrates posture, sensory, motor, behavioral/learning, medical, and nutritional factors to comprehensively evaluate and manage children with feeding/growth problems.

The 3.75 day Basic Conference is designed for babies, toddlers and small children. Other ages and special populations are covered in the Advanced Workshops.

BASIC COURSE: OBJECTIVES

Participants will be able to:

1. Identify oral, sensory, motor, cognitive and emotional developmental milestones key to feeding.
2. Recognize and describe the major reasons why children won't eat, as based on learning theory principles.
3. Identify physical, behavioral, motor, oral-motor, and sensory factors as a part of a Feeding Assessment.
4. Apply behavioral and social learning principles, and systematic desensitization to feeding problems.
5. Create and implement a S.O.S feeding program for babies, toddlers and young children, in group and individual treatment formats.

BASIC COURSE: SCHEDULE

Program Day 1 – October 19, 2017

7:30am – 8am	Registration
8am – 10am	I. Introduction <ul style="list-style-type: none"> A. Prevalence B. What do we know from the research? C. Tenets of SOS
10am – 10:15am	Break
10:15am – 12pm	I. Introduction - cont. <ul style="list-style-type: none"> D. Top 10 Myths II. Feeding Theory – How Children Learn to Eat AND Not to Eat <ul style="list-style-type: none"> A. Learning Theory <ul style="list-style-type: none"> 1. Feeding Therapy Options 2. Video
12pm – 1pm	Lunch – On Your Own
1pm – 3pm	II. Feeding Theory – cont. <ul style="list-style-type: none"> B. Myth 1 = Breathing C. Motor Skill Acquisition D. Oral-Motor Skill Acquisition
3pm – 3:15pm	Break
3:15pm – 5pm	II. Feeding Theory – cont. <ul style="list-style-type: none"> D. Oral-Motor Skill Acquisition – cont. E. Neurosensory Skill Acquisition F. Steps to Eating

Program Day 2 – October 20, 2017

8am – 10am	II. Feeding Theory – cont. <ul style="list-style-type: none"> G. Developmental Food Continuum H. Cognitive Development
10am – 10:15am	Break
10:15am – 12pm	II. Feeding Theory – cont. <ul style="list-style-type: none"> I. Psychological Developmental Stages III. Treatment/Interventions <ul style="list-style-type: none"> A. General Strategies
12pm – 1pm	Lunch – On Your Own
1pm – 3pm	III. Treatment/Interventions – cont. <ul style="list-style-type: none"> A. General Strategies – cont. B. Food Jags
3pm – 3:15pm	Break
3:15pm – 5pm	IV. Assessment of Feeding Problems <ul style="list-style-type: none"> A. Assessment Process B. Referral Candidates C. Reasons Children Won't Eat D. Child Factors E. Environmental Factors F. Parent Factors G. Practice Video 1

Program Day 3 - October 21, 2017

8am – 10am	IV. Assessment of Feeding Problems – cont. <ul style="list-style-type: none"> H. Practice Videos I. Parents' Experience
10am – 10:15am	Break
10:15am – 12pm	V. The SOS Approach to Feeding – Therapy Sessions <ul style="list-style-type: none"> A. Systematic Desensitization B. Cues to Eating C. Language Use
12pm – 1pm	Lunch – On Your Own
1pm – 3pm	V. The SOS Approach to Feeding – cont. <ul style="list-style-type: none"> D. Therapy Format – Child E. Therapy Format – Parent F. SOS Data G. Building a Food Hierarchy
3pm – 3:15pm	Break
3:15pm – 5pm	V. The SOS Approach to Feeding – cont. <ul style="list-style-type: none"> H. Practice Building a Food Hierarchy

Program Day 4 - October 22, 2017

8am – 10am	V. The SOS Approach to Feeding – cont. <ul style="list-style-type: none"> I. Hierarchy Strategies – Moving Children up the Steps
10am – 10:15am	Break
10:15am – 12pm	V. The SOS Approach to Feeding – cont. <ul style="list-style-type: none"> J. Practicing Hierarchy Strategies K. Video: Progression within Session
12pm – 1pm	Lunch – On Your Own
	V. The SOS Approach to Feeding – cont. <ul style="list-style-type: none"> L. SOS Data
	VI. Managing Maladaptive Behaviors <ul style="list-style-type: none"> A. Overview B. Preventing “Problem” Behaviors C. Intervention Strategies – Basic D. Emotion Based Discipline
	VII. The SOS Approach to Feeding Practice <ul style="list-style-type: none"> A. Video Practice: Progression Across Sessions

PLEASE NOTE: Participants are expected to attend the course for the entire length of each day (8am to 5pm, Days 1-3), and to stay at the course until 3:15pm on the last day in order to receive their certificate and their full CEU credits. Participants will miss crucial information needed to be able to correctly use the SOS Approach to Feeding program if they come late or leave the course early.