How to Do Therapy at Home

Telehealth Social Story
Sometimes I do my ChildServe therapy at home.
My mom, dad, or someone who takes care of me will tell me when it’s time to do therapy.
They will open a special program on the computer that will show me my therapist on the computer.
My therapist is at ChildServe, and I am at home.
I can say hello and talk to my therapist on the computer.
My therapist will tell me what we’re going to do in therapy, and I will listen.
My therapist will ask me to play games, talk to them, and do activities like I do at ChildServe. My mom or dad, or someone who takes care of me will help me play games and do activities.
We might try games I haven’t played before. I can listen to my therapist and learn what to do. I can ask questions if I don’t know what to do.
When therapy time is done for today, I will say goodbye to my therapist through the computer. My parents will close the special program so I can’t see my therapist any more.
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Goodbye!