



# AutPlay Training Registration

**Presented by Dr. Robert Jason Grant**

**When:** Friday, October 14 & Saturday, October 15

**What time:** From 8:30 a.m. - 4:30 p.m. with 1 hour lunch and two 15 minute breaks (registration from 8 a.m. - 8:30 a.m.)

**Where:** Johnston Training Center

**How long:** 14 contact hours and 2 non-contact hours

**Who can take the class:** Mental Health Therapists, Psychologists, BCBA, Behavior Technicians, Speech Therapists and Occupational Therapists

## Interested in a “Continuing Education” opportunity?

**From now until October 7**, you can register for AutPlay Training; an intensive training course that focuses on teaching the AutPlay Therapy protocol. The AutPlay Therapy protocol is an integrative family play therapy approach that emphasizes a neurodiversity affirming and informed approach to working with children and adolescents with autism, ADHD, sensory differences, learning disorders and developmental disabilities and their families. AutPlay Therapy harnesses the therapeutic powers of play to help address mental health challenges for neurodivergent children and their families.

By taking this course, you will learn how to build relationships and assess for needs (utilizing several AutPlay inventories) in target goal areas that are covered along with parent and child co-change agent processes. Goal areas of connection, emotional regulation and social navigation are described with example play therapy interventions for each area. The three progressive phases will be presented—intake and assessment, structured play interventions and termination.

Parent/family/child involvement will be explained with protocol for working with parents and children as partners in the process. The AutPlay Therapy Follow Me Approach will be explained by figuring out which details work for children with little to no engagement and attunement ability by creating special play times to improve connection and relationship development. Additional components such as theoretical underpinnings, understanding dysregulation, improving regulation ability, research and case examples will be covered. Several play therapy interventions will be explained and demonstrated through session video clips. Experiential activities will be presented, and will discuss on case conceptualization and planning.

## Objectives:

1. Explain neurodiversity and implement a neurodiversity affirming approach.
2. Describe the components of AutPlay Therapy including— conducting an AutPlay Therapy session, theoretical underpinnings, phases of therapy, assessment and screening instruments and goal planning.
3. Describe common mental health goals addressed in AutPlay Therapy.
4. Identify several structured play therapy interventions to use for addressing goals.
5. Discuss how to involve parents and other family members as co-change agents (partners).
6. Describe the AutPlay model of dysregulation.
7. Identify play therapy interventions to address dysregulation issues.
8. Implement the AutPlay Follow Me Approach, designed for children with higher needs.
9. Describe how to work with parents in implementing AutPlay Follow Me play times at home.
10. Explain research and evidence-based practices in AutPlay Therapy.
11. Outline the theoretical underpinnings of AutPlay, including seminal play therapy theories and other integrated methods.
12. Identify at least 6 AutPlay interventions to increase experiential knowledge.

## Pre-Course Requirements:

**Purchase and read—**“AutPlay Therapy for Children and Adolescents on the Autism Spectrum” by Robert Jason Grant

**Watch the recorded webinars—**“Understanding Ableism and Neurodiversity in Play Therapy” (1.5 continuing education hours) and “Neurodiversity Affirming Play Therapy” (2.5 continuing education hours)