**Return-to-Work Requirements for Staff**

**I tested positive for COVID-19.** (Individuals who have tested positive through any type of COVID-19 test.)

If you test positive you may return when...
- Between 5-7 days have passed since symptoms first appeared AND **you must test* negative for COVID-19 within 48 hours before returning to work** AND at least 24 hours have passed since last fever without the use of fever-reducing medications and symptoms (e.g., cough, shortness of breath, etc.) have improved.

**I had a known exposure to someone who tested positive for COVID-19.**

You may return to work if:
- You mask for 10 days
- You test* on days 1, 3 and 5 following your exposure

If you receive a positive test at any time, please follow the "I tested positive for COVID-19." guide and report positive results to your leader.

**Known Exposure Definition** – When you spend at least 15 minutes within six feet of someone who has COVID-19.

**I have illness symptoms.**

If you test* negative for COVID-19:
- You may return 24 hours after fever and other symptoms improve (without the use of fever-reducing medicine).
- If you are waiting on test results, or choose not to test:
  - You may return after 10 days^ if you are fever-free for 24 hours and your symptoms have improved.

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^For calculating days:
1) If you test positive for COVID-19, consider the day symptoms started (or first positive test if asymptomatic) as day 0.
2) If you've only been exposed, consider the most recent day you were exposed as day 0.

*Either a NAAT (molecular) or antigen test may be used. If using an antigen test, HCP should have a negative test obtained on day 5 and again 48 hours later.

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Some services have different regulatory requirements.