

## I tested positive for COVID-19.

(Individuals who have tested positive through any type of COVID-19 test.)

### If you test positive you may return when...

- Between 5-7 days have passed since symptoms first appeared **AND you must test\* negative for COVID-19 within 48 hours before returning to work** AND at least 24 hours have passed since last fever without the use of fever-reducing medications and symptoms (e.g., cough, shortness of breath, etc.) have improved.

## I had a known exposure to someone who tested positive for COVID-19.

### You may return to work if:

- You mask for 10 days
- You test\* on days 1, 3 and 5 following your exposure

If you receive a positive test at any time, please follow the "I tested positive for COVID-19" guide and report positive results to your leader.

**Known Exposure Definition** – When you spend at least 15 minutes within six feet of someone who has COVID-19.

## I have illness symptoms.

### If you test\* negative for COVID-19:

- You may return 24 hours after fever and other symptoms improve (without the use of fever-reducing medicine).

### If you are waiting on test results, or choose not to test:

- You may return after 10 days<sup>^</sup> if you are fever-free for 24 hours and your symptoms have improved.

<sup>^</sup>For calculating days:

- 1) If you test positive for COVID-19, consider the day symptoms started (or first positive test if asymptomatic) as day 0.
- 2) If you've only been exposed, consider the most recent day you were exposed as day 0.

\*Either a NAAT (molecular) or antigen test may be used. If using an antigen test, HCP should have a negative test obtained on day 5 and again 48 hours later.