

NEUROMOTOR REFLEX INTENSIVES



Neuromotor reflex intensives focus on improving neuromotor function and integrating primitive reflexes to improve a child's overall functioning.

Neuromotor function relates to how effectively and efficiently the brain and body works together for function.

Primitive reflexes are automatic motor responses caused by a sensory input. In infants, they help to promote normal functional development. However, if they remain after infancy, they can result in a variety of functional impairments.

WHO CAN THIS PROGRAM HELP?

A child may be appropriate for this program if they display:

- Emotional and social difficulties
- Difficulties attaining developmental milestones
- Hyper or hypo-responsiveness to sensory input
- Learning difficulties, including reading and writing
- Feeding and oral motor difficulties
- Poor self-regulation or calming
- Anxiety or maladaptive behaviors
- Hyperactivity or under-arousal
- Language difficulties or delays
- Poor motor coordination
- Attention difficulties



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TREATMENT STRUCTURE

- Treatment is one hour per day, three days per week for up to 12 weeks
- Treatment consists of:
 - Obstacle courses and motor/ movements activities
 - Primitive reflex integration exercises
 - Functional reflex activities
 - Functional activities related to goal areas
 - Bilateral coordination activities
 - Crossing midline activities
- Treatment includes a daily home exercise program along with pre- and post- testing



TREATMENT METHODS

- Occupational therapists are trained in standard therapy techniques, educated in neuromotor and primitive reflex theory and trained in specialty techniques including MNRI (Masgutova's Neurosensorimotor Reflex Integration).



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