



Orthotics & Plagiocephaly Clinic



ChildServe's Orthotics program provides comprehensive orthotic care for children and young adults with complex medical needs, sensory issues, or developmental delays. Our team develops a unified orthotic treatment plan designed to increase the independence, mobility and comfort of each child to help them live a *great* life. We support children from head to toe – from our cranial symmetry service to our custom foot orthotics.

Who We Serve



We serve children and young adults (age infant – 21 years) who have special healthcare needs. We support orthotics needs for conditions such as Cerebral Palsy, Muscular Dystrophy, Spina Bifida, Stroke, Plagiocephaly, Brachycephaly, or Scaphocephaly.

How We Can Help

- Our certified Orthotics specialists have specialized knowledge and skills to help kids and young adults achieve their goals and maintain movement.
- Our expert team designs, develops, creates, and fits custom orthotics to maximize physical function for kids and young adults with a variety of conditions.
- We partner with families to help parents effectively manage and monitor their child's orthotics at home.

Our Team

Led by Kim Darrah, CO, LO, and Laura Freeman, CPO, LPO, the Orthotics Clinic team includes:

- Medical Director & Pediatric Physiatrist
- Medical Social Workers
- Physical Therapists
- Occupational Therapists

We're experts in orthotics including:

- Boston Band Cranial Helmet
- Lower extremity orthotics such as Arch supports, UCBLs, SMOs, AFOs, or KAFOs
- Spinal / Cervical orthotics such as Cervical collars, TLSOs, DMOs (Dynamic Movement Orthosis)

About ChildServe

ChildServe knows kids, and we know specialty healthcare. Our team of experts identifies and meets the unique needs of children with disabilities, developmental delays, injuries and other special healthcare needs. We serve more than 4,600 children per year through more than 30 programs and services. ChildServe has locations in Ames, Des Moines, and Iowa City.

To make an appointment, call (515) 331-4537.