

# Return-to-Service Guidance

## For Children, Young Adults & Families

The guidelines below apply to children and young adults in most ChildServe programs, along with any individuals accompanying them to an appointment. These guidelines do not apply to inpatient services, group homes or Homecare nursing.

### Individual is experiencing illness symptoms...

- Chills
- Congestion/runny nose
- Cough
- Fatigue
- Headache
- Loss of taste or smell
- Fever >100.4°F (38°C)
- Muscle/body aches
- Shortness of breath/difficulty breathing
- Sore throat

### They can return to services when...

- They are fever-free for 24-hours (without medication)
- AND their symptoms are mild or getting better, and they are able to fully participate in services

### Please...

- Stay home and call to reschedule your appointment.\*
- If you have received a specific illness diagnosis, please notify your care team to review any additional guidance.

### For the next five days after returning to services, these precautions are strongly recommended:

- Masking, if able
- Distancing in wait areas when possible
- Follow up with your healthcare provider to find out if testing is right for you
- As always, practice good hand-hygiene and cover your cough

\* Complex Care Clinic appointments do not require rescheduling if appointment is a sick-visit. Masking and social distancing, if able, is strongly recommended when attending a sick-visit.